



MENU

COCKTAILS & KITCHEN



THE UNDERSTATED CANARIAN CHICKEN

IT'S NOT SOPHISTICATED BUT, DAMN, IT MAKES FOR TASTY EATING.

Those of you who visit Tenerife regularly will probably already be well aware of its traditional canarian chicken, but for those of you who don't know about it, here's a brief rundown...Adeje chicken is probably one of the most famous Tenerife recipes there is, only just beaten to the mark by Canarian potatoes and red and green mojo sauces. depending on who your talking to, the Adeje chicken recipe will vary slightly. Ours has been a family recipe for years.



LUNCH & BRUNCH

SERVED
UNTIL
5PM

PERI PERI CHICKEN	6.95	CUBAN	5.50	HAWAII	4.95
		ham, cheese, pulled pork, pickles & yellow mustard. buttered & pressed		ham, cheese, pineapple & salad	
BBQ PULLED PORK	6.95	CHICKEN & PESTO	5.50	B.A.L.T.	5.25
		with chorizo & rocket		bacon, avocado, lettuce & tomato	
POPCORN HALLOUMI	6.95	MARIACHI	5.50	TRIPLE DECKER CLUB	6.25
with hummus & sweet chilli jam		chicken, cheese, guacamole, spicy mayo & salad		bacon, chicken, cheese & salad	

Add fries for 2.50€ or see sides!

TAPAS

LITTLE DISHES
HUGE FLAVOUR!

BREAD & ALIOLI	2.95	JUICY OLIVES	1.50	HOUMOUS & MOJO DRIZZLE	2.50
				with charred tortilla	
CHEESEBURGER TACOS	5.75	HOT WINGS	(5) 6.95 (10) 10.50	PIMIENTOS PADRON	6.50
		Spicy and sauced up with your choice of "Canarian mojo", "BBQ jerk" or "Peri Peri" served with aioli and crudités		GAMBAS AL AJILLO	9.50
HALLOUMI TACOS	6.50	CAULIFLOWER WINGS	(5) - 6.25 or (10) - 10.50	SPANISH OMELETTE	6.95
sweet chilli jam		Spicy and sauced up with your choice of "Canarian mojo", "BBQ jerk" or "Peri Peri" served with crudités		NACHOS DEL SOL	7.95
CRISPY SQUID TACOS	5.75			Corn tortilla chips with cheddar cheese sauce, topped with pico de gallo, jalapeños, black turtle beans, tomato salsa, soured cream & guacamole	
with coriander sauce				<i>BBQ Pulled pork or Chilli con carne for</i>	2.50
JACKFRUIT TACOS	6.50	PULLED PORK QUESADILLAS	6.95	VEGAN NACHOS	7.95
pulled jack fruit & cauliflower		pulled pork & pico de gallo		Corn tortilla chips with vegan cheese, topped with pico de gallo, jalapeños, black turtle beans, tomato salsa & guacamole	
STEAK BITES	8.95	BLACK BEAN QUESADILLAS	6.95	<i>BBQ Pulled Jackfruit for</i>	2.50
served with garlic & our homemade sweet chilli sauce		black bean with vegan cheese & button mushrooms			
CALAMARI	6.95				
romana style					
POPCORN HALLOUMI	6.50				
with tomato salsa					

SIDES & FRIES

CANARIAN POTATOS	2.5	ONION RINGS	3.5	SKIN ON FRIES	2.5
SWEET POTATO FRIES	3.5	SIDE SALAD	3	CREAMY SLAW	2

MAIN PLATES

KALE CAESAR

Rippled kale, lettuce, parmesan cheese & croutons tossed in caesar dressing

add chicken

NACHO MACHO

BURRITO BOWL

Fajita chicken, guacamole, sour cream, pico de gallo, black turtle beans, zesty rice, cheese, nachos, & jalapeños

CABANAS SALAD

Our favourite salad. Mixed leaves, croutons, onion, cucumber, tomato, serrano ham, cheese, cajun prawn marie-rose & a boiled egg

SUPERFOOD SALAD

Beetroot, chickpeas, kale, couscous topped with chia & mixed seeds a mango vinaigrette on a bed of crushed sweet potato

add chicken



CANARIAN CHICKEN

Our spicy marinated chicken, sauced up with canarian mojo

CARRIBEAN CURRY CHICKEN

One pot curried breaded chicken breast with coconut milk, caribbean spices, pineapple chow, potato, veg. served with zesty rice

MEXICAN FAJITAS

Our special mix of spices, onions & peppers with guacamole, grated cheese, soured cream, jalapeños, pico de gallo & soft wheat tortillas

7.75

HAVANA CLUB JERK BBQ RIBS

Half a slab - 10.95 Full slab - 16.95

Fall of the bone BBQ ribs covered in our signature sticky rum glaze



CHUNKY CHILLI CON CARNE

A rich chunky beef & black bean with zesty rice & tacos

FISH 'N' CHIPS

Traditional cod & chips served with our crushed macho peas
Vegan Tofu option available

JERK GLAZED SALMON

crispy skin fresh salmon steak with zesty rice & peas with sweet potato fries & salad

MARGHERITA PIZZA

Mozzarella, plum tomato sauce & oregano

BBQ MEAT FEAST PIZZA

Mozzarella, pepperoni, pulled pork, chicken & BBQ base

DIABLITO 'HOT' PIZZA

Mozzarella, double pepperoni & smoked jalapeños

VEGETARIAN PIZZA

Sun-dried tomatoes, spinach, mushrooms, sweetcorn & peppers

CLASSIC BURGER

2x 2oz beef patties or chicken breast with cheddar cheese & salad

1984 BBQ BURGER

2x 2oz beef patty or chicken breast, BBQ pulled pork, cheddar cheese & crispy onion

BEAN DREAMIN' BURGER

Halloumi & mushroom burger topped with black turtle beans, sweet chilli & salad

MOTHER CLUCKER

Nacho-Battered chicken, cheddar, candied bacon, jalapeños, crispy onions & chipotle bacon-naise



NOTORIOUS P.I.G

BBQ pulled pork, candied bacon, cheddar cheese, crispy onion on a brioche sub served with coleslaw

CLASSIC POSH DOG

Crispy onions & honey mustard sauce in a brioche sub with coleslaw

SMOKIN' POSH DOG

Double cheese, chilli chunks, jalapeños, & honey mustard - brioche sub with coleslaw

FALAFEL POSH DOG

Warm falafel on a bed of hummus, topped with roasted peppers, rocket, cucumber salsa & coleslaw

2.50

10.50

11.50

9.75

2.50

9.95

9.95

11.95

9.95

chilli

9.95

9.95

13.95

8.75

9.75

9.75

9.50

9.95

10.95

11.95

10.95

9.95

8.95

9.95

9.95



TIME FOR DESSERT

LIVE THE ISLAND LIFE AND EAT (HURROS!)

CHOCOLATE FUDGE BROWNIE	3.95
Served warm with vanilla ice cream and our rich chocolate sauce	
CHEESECAKE	3.95
An irresistible baked cheesecake served with vanilla	
STRAWBERRY MESS	3.95
Ice cream, strawberry sauce, meringue and strawberries	
CHURROS	3.50
Cinnamon-sugar dusted churros, dulce de leche, caramel & chocolate sauce	
ICE CREAM	3.50

WE'RE SERVING A REDUCED MENU TO KEEP THINGS RUNNING AS SMOOTHLY AS POSSIBLE
THANK YOU FOR YOUR PATIENCE AND UNDERSTANDING

Please note our prices do not include the 6.5% igit canarian tax and will be added to your bill.

ALLERGEN ADVICE:

We have separate 'allergen info' menu available, please ask your server. However you should always advise your server of any special dietary requirements, including intolerances and allergies. Where possible our staff will advise you on alternative dishes. However, while we do our best to reduce the risk of cross-contamination in our restaurants, we CANNOT guarantee that any of our dishes are free from allergies and therefore cannot accept and liability in this respect. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk.

Mojito
&
WRAP



ALL DAY EVERY DAY

GET AN ICE-COLD
MOJITO AND A TASTY
WRAP FOR ONLY

€8